CARE

NHS

## FIGHT FINANCIAL STRESSORS AND IMPROVE YOUR WELLBEING

Learn to take control and improve your financial situation by attending our Financial Wellbeing Workshops.



All sessions will run on a Thursday from 1pm-2pm.

21st April : Your General Financial Wellbeing Webinar

28th April : Everything those age 30+ need to know about pensions

5th May : Planning for ill health, your estate, your legacy, wills and LPA's

12th May: Financial awareness for high earners

19th May: Making the most of salary sacrifice and staff benefits

26th May: Financial Mental Health and Wellbeing





